

Curriculum Vita

NAME: Claire V. Wiseman

BORN: August 12, 1965, Boston, Massachusetts

EDUCATION: B.A. Psychology and Economics, Cum Laude, Cornell University, 1987
M.A. Social Psychology, The American University, 1991
Ph.D. Clinical Psychology, The American University, 1994
Clinical Internship, Yale University School of Medicine, 1994

LICENSURE: Connecticut & New York
EAGALA Certified

CAREER:

1994-1996 Post-Doctoral Associate, Yale University, New Haven, CT
1996 Clinical Director, Yale Center for Eating and Weight Disorders, Yale University, New Haven, CT
1996-2000 Assistant Professor of Psychology in Psychiatry, Weill College of Medicine at Cornell, White Plains, NY
1996-2000 Assistant Attending Psychologist, The New York-Presbyterian Hospital, Westchester Division, White Plains, NY
2000-2005 Assistant Professor of Psychology, Trinity College, Hartford, CT
2001-2009 Assistant Clinical Professor of Psychiatry, Yale School of Medicine, New Haven, CT
2005- Clinical Psychologist, Maine and Weinstein Specialty Group, West Hartford, CT
2012- Director and President, Red Skye (Animal Assisted Therapy) Bethany, CT
2013- Assistant Clinical Professor of Psychiatry, Yale School of Medicine, New Haven, CT
2016 Associate Faculty Equine Management Program, Post University, Waterbury, CT (Animal Assisted Counseling)

HONORS AND AWARDS:

CT Concerned Citizens, For outstanding service in helping others and improving lives. 2016
Young Investigators Grant, National Eating Disorders Association, \$25,000, 2002-2003
Small Grant, Mickley Fund, \$10,000, 2002-2003
Trinity College Faculty Research Committee, Research Assistant Grant, 2002-2003
Young Investigator Teaching Day Award, Eating Disorder Research Society, 2001
Grants-in-Aid-of-Research Award, Sigma Xi Society, 1993
Thelma Hunt Award, District of Columbia Psychological Association, Washington, DC 1992
Graduate Student Media Research Award, Honorable Mention, APA Division 46, 1992
Psychologist Research Award, Metropolitan Psychiatric Association, Washington, DC 1991

GRANTS:

Linda Irvine Smith Foundation \$3,000 to Red Skye Foundation, 2015
 Young Investigators Grant, National Eating Disorders Association, \$25,000, 2002-2003 (PI)
 Small Grant, Mickley Fund, \$10,000, 2002-2003 (PI)
 Trinity College Faculty Research Committee, Research Assistant Grant, \$2,900, 2002-2003 (PI)

Scientific Papers Presented at Conferences

- Wiseman, C.V., Freilich, S., Anderson, D. (2005, May). Body esteem, stress, and restrained eating: Effects on cortisol. Academy for Eating Disorders Annual Conference, Toronto, ONT.
- Wiseman, C.V. (2004, November). *The mysteries of preventing eating disorders: Can we make media an ally?* Association for Advancement of Behavior Therapy, Annual Meeting, New Orleans, LA.
- J.A. Matussek, S. J. Wendt, & C.V. Wiseman (2004, April). Improving body image in college-age women: Comparing dissonance and healthy behavior intervention programs. Academy for Eating Disorders Annual Conference, Orlando, FL.
- Wiseman, C.V., Sunday, S.R., Peltzman, B., & Halmi, K.A. (2002, April). *Body dissatisfaction, drive for thinness, and self-esteem in middle school boys and girls: Surprising similarities between the sexes.* International Conference on Eating Disorders, Boston, MA.
- Wiseman, C.V., Bergstein, P., Sunday, S.R., & Halmi, K.A. (2000, May). *Development and validation of scales to measure motivation in eating disorder patients.* International Conference on Eating Disorders, May, New York, NY.
- Halmi, K.A., Wiseman, C.V., Sunday, S.R., & Klapper, K. (2000, May). *Eating disorder inpatients: Changing epidemiology.* American Psychiatric Association Annual Meeting, Chicago, IL.
- Wiseman, C.V., Sunday, S.R., Klapper, F., Klein, M., & Halmi, K.A. (1998, November). *Predictors of outcome in anorexia nervosa.* Eating Disorders Research Society, Cambridge, MA.
- Halmi, K.A., Wiseman, C.V., Sunday, S.R., & Klapper, F. (1998, June). *Severity of illness at discharge and its relation to outcome status.* Conference on Treatment of Eating Disorders, University of Ulm, Stuttgart, Germany.
- Wiseman, C.V., Wilfley, D., Kenardy, J., & Arnow, B. (1998, April). *Precursors and consequences of binge eating episodes: A prospective study of binge eating disorder patients using hand-held computers.* International Conference on Eating Disorders, New York, NY.
- Wiseman, C.V., Sunday, S.R., & Halmi, K.A. (1997, November). *The effect of sequence of psychiatric illness on rates of comorbidity in eating disorders.* Eating Disorders Research Society, Albuquerque, NM.
- Wiseman, C.V. Turco, R., Sunday, S.R., & Halmi, K.A. (1997, April). *Smoking and drive for thinness in adolescent girls: A complex relationship.* The Third London International Conference on Eating Disorders, London, England.
- Halmi, K.A., Maffei, M., Wang, H., Wiseman, C.V., & Friedman, J. (1996, August). *Leptin levels in anorexia nervosa.* ISPNE Congress, Cascais, Portugal.
- Wiseman, C.V. (1995, April). *Documenting media pressure toward thinness.* Invited Symposium Lecture at Eastern Psychological Association Annual Meeting, Boston, MA.
- Wiseman, C.V., & Gray, J.J. (1995, April). *Social contagion: Eating attitudes in secondary schools.* Eastern Psychological Association Annual Conference, Boston, MA.
- Wiseman, C.V., & Gray, J.J. (1994, April). *Women's eating attitudes and body image in secondary schools.* Eastern Psychological Association Annual Conference, Providence, RI.

- Wiseman, C.V., & Peynircioglu, Z. (1991, April). *Discovering items from out-of-focus representations and fragment cues*. Eastern Psychological Association Annual Conference, New York, NY.
- Wiseman, C.V., Kuzbyt, W., & Gray, J.J. (1992, April). *Improving productivity among mentally retarded adults using public posting of photographs*. Eastern Psychological Association Annual Conference, Boston, MA.
- Wiseman, C.V., & Gray, J. (1990, June). *Cultural expectations of thinness in women: An update*. Washington Society for the Study of Eating Disorders and Obesity Annual Meeting, Washington, DC.

Posters Presented at Conferences

- Wiseman, C.V., Sunday, S.R., Peltzman, B. & Halmi, K. (2004, October). *Decreasing eating disorder risk factors in middle school boys and girls: EDI-3 scoring unveils changes*. Eating Disorders Research Society, Amsterdam, Netherlands.
- Wiseman, C.V., Sunday, S.R., Cohen, A.R., Huebner, K., & Mickley, D.(2003, October). *Plus-size vs. super-thin: Impact of media images*. Eating Disorders Research Society, Ravello, Italy.
- Wiseman, C.V., Peltzman, B., Heil, K., & Mickley, D. (2002, November). *Are there factors related to relapse of eating disorders in college?* Eating Disorders Research Society, Charleston, NC.
- Sunday, S.R., Wiseman, C.V., Wilson, E., Cohen, A., & Huebner, K. (2002, November). *Is attractiveness affected by perceived weight status?* Eating Disorders Research Society, Charleston, N.C.
- Wiseman, C.V., Sunday, S.R., Bortolotti, F., & Halmi, K.A. (2001, November). *Primary Prevention of Eating Disorders: A Tale of Two Countries*. Eating Disorders Research Society, Albuquerque, NM.
- Wiseman, C.V., Sunday, S.R., Klapper, F., Klein, M., & Halmi, K.A. (2000, November). *Short-term group CBT vs. psychoeducation on an inpatient eating disorder unit*. Eating Disorders Research Society, Prien, Germany.
- Halmi, K.A., Wiseman, C.V., Sunday, S.R., Klapper, K., & Harris, W.A. (2000, May). *The changing epidemiology of hospitalized eating disorder patients*. International Conference on Eating Disorders, New York, NY.
- Wiseman, C.V., Sunday, S.R., & Halmi, K.A. (1999, November). *Primary prevention of eating disorders through attitude change: A pilot study*. Eating Disorders Research Society, San Diego, CA.
- Klapper, K., Wiseman, C.V., Epstein, J., Sunday, S.R., Alkalay, L., & Halmi, K.A. (1999 November). *Cognitive Deficits in body-space orientation in anorexia nervosa restricting type*. Eating Disorders Research Society, San Diego, CA.
- Sunday, S.R., Klapper, K., Wiseman, C.V., & Halmi, K.A. (1999, November). *BMI, bingeing, restraint and eating disorder symptoms have different relationships among bulimics and BED's*. Eating Disorders Research Society, San Diego, CA.
- Klapper, F., Wiseman, C.V., Sunday, S.R., Klein, M., & Halmi, K.A. (1998, November). *A new short-term cognitive therapy group approach for the treatment of anorexia and bulimia*. Eating Disorders Research Society, Cambridge, MA.
- Halmi, K.A., Maffei, M., Hong, W., Friedman, J., & Wiseman, C.V. (1998, June). *The function of leptin in anorexia nervosa*. American Psychiatric Association Annual Meeting, Toronto, Canada.
- Halmi, K.A., Hong, W., Friedman, J., & Wiseman, C.V. (1998, July). *Is leptin a significant factor in anorexia nervosa*. International Food and Fluid Conference, Pecs, Hungary.

- Sunday, S.R., Wiseman, C.V., Klapper, F., Klein, M., & Halmi, K.A. (1998, July). *Measurement of core eating disorder symptoms over time*. Society for the Study of Ingestive Behavior, Pecs, Hungary.
- Halmi, K.A., Maffei, M., Wang, J., Friedman, J., & Wiseman, C.V. (1997, July). *Leptin levels in anorexia nervosa*. The Society for Study of Ingestive Behavior, Johns Hopkins University, Baltimore, MD.
- Wiseman, C.V., Gray, J.J., Mosimann, J., & Ahrens, A. (1990, April). *Cultural expectations of thinness in women: An update*. Eastern Psychological Association Annual Conference, Philadelphia.

PUBLICATIONS

Articles in Professional Refereed Journals

- Sypek, M.F., Gray, J.J., Etu, S.F., Ahrens, A.H., Mosimann, J.E., Wiseman, C.V. (2006). Cultural representations of thinness in women, redux: Playboy magazine's depiction of beauty from 1979-1999. *Body Image*, 3(3), 229-235.
- Wiseman, C.V., Sunday, S.R. & Becker, A. (2005). Impact of media on adolescent body image. *Child and Adolescent Medical Clinics of North America*, 14, 453-471.
- Wiseman, C.V., Sunday, S.R., Peltzman, B. & Halmi, K. (2004). Risk factors for eating disorders: Surprising similarities between middle school boys and girls. *Eating Disorders: The Journal of Treatment and Prevention*, 12, 315-320.
- Matusek, J.A., Wendt, S.J. & Wiseman, C.V. (2004). Improving body image in college-age women: Comparing dissonance and healthy behavior intervention programs. *International Journal of Eating Disorders*, 36 (4), 376-388.
- Wiseman, C.V., Sunday, S.R., Bortolotti, F. & Halmi, K.A. (2004). Primary prevention of eating disorders through attitude change: A two country comparison. *Eating Disorders: The Journal of Treatment and Prevention*, 12, 241-250.
- Wiseman, C.V., Sunday, S.R., Klapper, F., Klein, M., & Halmi, K.A. (2002). Short-term group CBT vs. psycho-education on an inpatient eating disorder unit. *Eating Disorders: The Journal of Treatment and Prevention*, 10, 313-320.
- Wilfley, D.E., Welch, R.R., Stein, R.I., Spurrell, E.B., Cohen, L.R., Saelens, B.E., Douchis, J.Z., Frank, M.A., Wiseman, C.V., & Matt, G.E. (2002). A randomized comparison of group cognitive-behavioral therapy and group interpersonal psychotherapy for the treatment of binge eating disorder. *Archives of General Psychiatry*, 59, 713-721.
- Epstein, J., Wiseman, C.V., Sunday, S.R., Klapper, F., Alkalay, L., & Halmi, K.A. (2001). Neuropsychological evidence favors "top down" cognitive dysfunction over "bottom up" mechanisms in the pathogenesis of body image perceptual distortions in anorexia nervosa. *Eating and Weight Disorders: Studies on Anorexia, Bulimia and Obesity*, 6(2), 140-147.
- Wiseman, C.V., Sunday, S.R., Klapper, K., Harris, W.A., & Halmi, K.A. (2001). Changing patterns of hospitalization in eating disorder patients. *International Journal of Eating Disorders*, 30, 69-74.
- Gurney, V.W., Wiseman, C.V., Cheng, H.T., & Halmi, K.A. (2000). Eating disorders. *Comprehensive Therapy*, 26(1), 44-50.
- Klapper, F., Gurney, V.W., Wiseman, C.V., Cheng, H.T., & Halmi, K.A. (1999). Psychiatric management of eating disorders. *Nutrition and Clinical Care*, 2(6), 354-360.
- Wiseman, C.V., Sunday, S.R., & Halmi, K.A. (1999). Substance dependence and eating disorders: Impact of sequence on comorbidity. *Comprehensive Psychiatry*, 40(5), 332-336.

- Wiseman, C.V., Turco, R.T., Sunday, S.R., & Halmi, K.A. (1998). Smoking and body image concerns in adolescent girls. *International Journal of Eating Disorders*, 24, 429-433.
- Wiseman, C.V., Harris, W.A., & Halmi, K.A. (1998). Eating disorders. *Medical Clinics of North America*, 82, 145-159.
- Mosimann, J., Wiseman, C.V., & Edelman, R. (1995). Data fabrication: Can people generate random numbers? *Accountability in Research*, 4, 31-55.
- Wiseman, C.V., Gunning, F., & Gray, J.J. (1993). Increasing pressure to be thin: 19 years of diet products in television commercials. *Eating Disorders: The Journal of Treatment and Prevention*, 1(1), 52-61.
- Wiseman, C.V., Gray, J.J., Mosimann, J., & Ahrens, A. (1992). Cultural expectations of thinness in women: An update. *International Journal of Eating Disorders*, 11(1), 85-89.
- Connolly, F., Eissenberg, T., Hunt, N., & Wiseman, C.V. (1991). Consensor classroom and knowledge retention. *Educational Technology*, 31(10), 51-55.

Chapters in Books

- Wiseman, C.V., Kelly, E.M., Harris, W.A., & Halmi, K.A. (in press). Treatment of anorexia and bulimia in children and adolescents. In R. Carusso (Ed.), *Psychiatric treatment of children and adolescents*.
- Harris, W.A., Wiseman, C.V., Wagner, S., & Halmi, K.A. (2001). The difficult to treat patient with eating disorder. In R. Pies, & M. Dewan (Eds.), *The difficult to treat psychiatric patient* (pp. 243-272). Washington: American Psychiatric Publishing.
- Wiseman, C.V., Sunday, S.R., & Halmi, K.A. (2000). Anorexia nervosa and bulimia nervosa. In M. Steiner, K. Yonkers, & E. Eriksson, (Eds.), *Mood disorders in women* (pp. 417-433), London: Martin Dunitz.

PROFESSIONAL SERVICE/ACTIVITIES:

- Council for Women's Health Research at Yale, member
- Society of Friends for Women's Health Research at Yale, founding member
- Co-Chair, Conference, *Factoring in Gender*. Women's Health Research at Yale, Stamford, 2002.
- Chair, *Regatta for Research: Racing for Women's Health*,
Women's Health Research at Yale, Essex, CT, 2002 & 2003.
- National Eating Disorders Association: Member Task Force
- Ad Hoc Reviewer for Journal:
Sex Roles
Journal of Applied Communication Research
- Academy for Eating Disorders
Chair: Special Interest Group for Psychology, 2001-2005
- Director of Research, The Wilkins Center for Eating Disorders, 2001-2005
- American Psychological Association, member
- Academy for Eating Disorders, member
- Eating Disorders Research Society, member 1998-2007
- Delta Society/Pet Partners: Human, Health Connection, certified canine and equine handler
- Equine Assisted Growth and Learning Association (EAGALA)- certified Therapist 2005-
- We Are Family Foundation, Board of Directors, 2005-